



Be who you are and say what you feel, because those who mind don't matter and those who matter don't mind. ~Bernard Baruch

Notice:

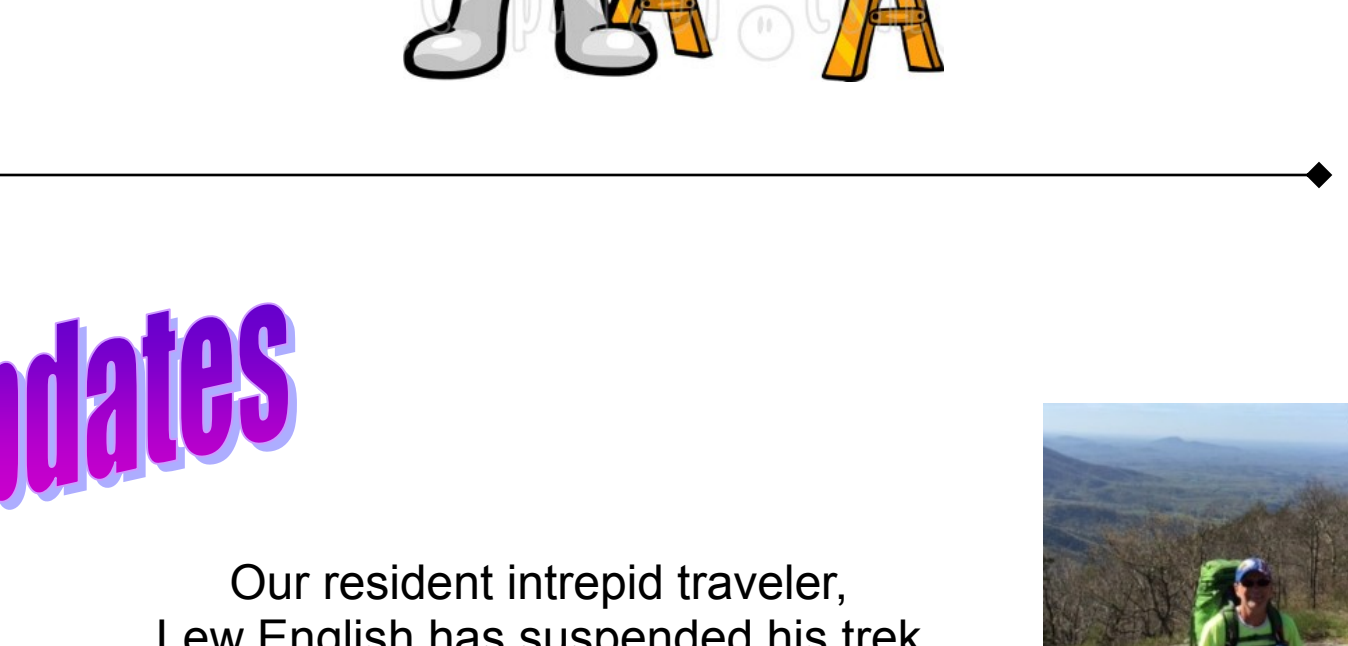


Tomorrow (5/7/16) there will be emergency repairs done to the pavers at the main entrance - both the exit and entrance sides. There will be an additional guard to help direct traffic.

It may be easier to use the rear gate to enter and exit the community tomorrow.

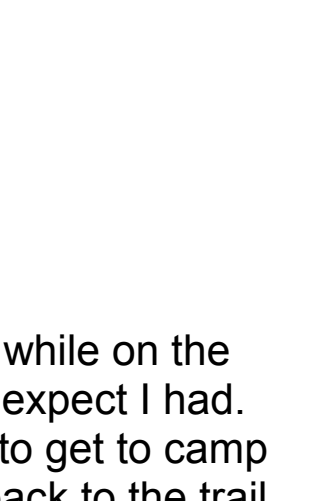
Construction will begin between 8 & 9 am.

The Board thanks you for your cooperation and patience while this project is completed.



Updates

Our resident intrepid traveler, Lew English has suspended his trek along the Appalachian trail.



May 6

I warn you in advance that this may ramble a bit.

I was told through many sources that you learn about yourself while on the trail and I was a bit surprised at a few personality traits I didn't expect I had. The unknowns of the trail: difficulty of the trail, weather, ability to get to camp sites, water, resupply, hitch hiking, how and when I could get back to the trail, where to get food, laundry, possible physical breakdown far from help, to name most worries.

My 5th day, I took a zero day and packed and repacked my backpack, trying to eliminate as much weight as possible and also trying to balance safety and comfort with less weight. The inactivity and prolonged time to fret gave me what I think now to be a mild anxiety attack as doubts festered while waiting. When I finally got on the trail the next day all fears disappeared. I found the physical activity and being on the move early to be calming. The hard work necessary on the trail was my strong suit. Physically I could handle the work and I was doing more and more miles per day.

By now you may recognize that I am using past tense.

When planning this journey I knew Geraldine's strength and health would be a major factor. It was. To her loving credit, she suffered through and tried to keep how bad she was feeling from me, and when she didn't get to necessary Dr appointments, I made the decision to fly home, even though she asked me not to. I am pleased with my decision as I have been able to help her get treatment.

We have discussed my return to the trail. If all works out and nothing else arises, I hope to return to the trail June 1st. The time at home will give me a chance to change out my heavier cold weather tent, sleeping bag, and pack, a possible 5 pound reduction, a big deal when not having to lift that every one of the 40,000 to 50,000 daily steps.

Thank You for listening.

Hopefully there will more trail stories to come

* Senior Safety Seminars

Join the Lee County Sheriff's Office for a series of educational seminars from March through September designed to provide tips on how to protect yourself and your property. In addition you will learn more about the various Sheriff's Office units and how they protect and serve you. Each presentation will be followed by a Q & A session.

- * May 10th at 10:00 am – Auto Theft and Burglary Prevention – Keep your car safe
- * May 24th at 1:00 pm – Sheriff's Office Marine Unit - Boat theft & water safety tips

Seminars will be held at:
UHC Medicare Store
6900 Daniels Pkwy 23-C

Daniels Crossing Shopping Center (by the UPS Store)

* Seating is limited. Call 239-561-9142 to reserve yours today. Light refreshments will be provided.

